

# JENIGYM ERRATA – 06.30.09

## L10 Changes Document:

1. Page 8; Composition:
  - a. Spatially – Insuf use of entire beam >.10 (not ea)

## Common Bonus Document (word)

1. Page 2; Beam
  - a. Switch Leap  $\frac{1}{4}$  + Straddle Jump (must be a side), so D+C; still 0.3
2. Page 4; Floor
  - a. RO, Whip, FF  $2\frac{1}{2}$  Twist, Flyspring, Fr. Tuck is an indirect connection so it should be  $0.1 (A+D) + 0.1 (A+D) + 0.1 (D) = 0.3$

## Basics Test Document

1. Add another line under 0.1 Bars Bonus and on the answer sheet add C+C (both from Groups 3,6,7) under 0.1.

## L10 General Deductions (excel test)

1. #9 – Cast more than 20 from vertical – should be >.30 and no value part.
  - a. 21-30 from vertical = .10 and no value part
  - b. 31-45 from vertical = .15-.20 and no value part
  - c. 46 or more from vertical = .25-.30 and no value part
2. #33 – Flexibility throughout exercise should be >.30
3. #56 – Legs crossed during landing should be .10
4. #69 – Rhythm during execution of direct connections is only for non-flight acro series

## L10 Vault Deductions (excel test)

1. #17 - Fail to land on SOLES of feet first – Clarification!
2. #44 – Piked Body should be >.30

## Common Bonus Beam (excel test)

1. #35 – Switch Leap  $\frac{1}{4}$  + Straddle Jump = D+C (because Straddle must be a side in this connection) – still 0.3
2. Add #36 – FF+LSO+ $2\frac{1}{2}$  Twist Dismount = B+C+C = 0.2 (3 acro series using dismount where you would NOT go B+C and C+C)

## Common Bonus Floor (excel test)

1. Under 3 or More Elements: RO, Whip, FF  $2\frac{1}{2}$  Twist, Flyspring, Fr. Tuck is an indirect connection so it should be  $0.1 (A+D) + 0.1 (A+D) + 0.1 (D) = 0.3$

## Balance Beam Elements (excel test)

1. Delete #17, #18, #34, #41 (bars elements)
2. Add Gainer Salto Stretched = D
3. Add Illusion  $\frac{1}{2}$  = C

## L10 Beam Composition (excel test)

1. #14 – Spatially – Insufficient use of entire beam is >.10 (not ea)